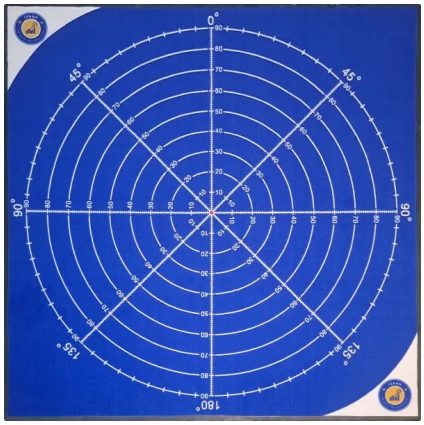
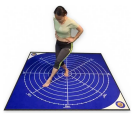
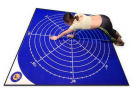
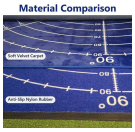
SEBT Star Excursion Balance Test Mat (Anti-Slip Rubber Backed Nylon)

Category: Testing
Product ID: IS40
https://www.isaansport.com/testing/sebt-star-excursion-balance-test-mat-(anti-slip-rubber-backed-nylon).php









Printed floor mat for the Star Excursion Balance Test (SEBT). Eight reach lines run out from a centre point at 45 degree intervals, with angle labels and distance rings every 10 cm out to 90 cm. The athlete balances on one foot at the centre and reaches along each line with the other foot, and you read the distance from the rings. There is nothing to tape out or measure before a session, and the layout is the same every time.

Specifications

Test	Star Excursion Balance Test (SEBT), lower and upper body reach
Layout	8 lines at 45 degree intervals from a centre point, with angle labels
Distance Scale	Rings every 10 cm out to 90 cm
Surface	Nylon top, anti-slip rubber backing, black rubber border
Size	200 x 200 cm, including the 2 cm rubber border

Manuals and Set-Up

Set-up guide and recording sheets (English)
https://www.isaansport.com/manuals/EN-quick-setup-guide-sebt-mat-nylon-rubber-v10.pdf

Set-up guide and recording sheets (Thai)
https://www.isaansport.com/manuals/TH-quick-setup-guide-sebt-mat-nylon-rubber-v10.pdf

1-page quick reference (English)
https://www.isaansport.com/manuals/EN-quick-reference-sebt-mat-v1.pdf

1-page quick reference (Thai)
https://www.isaansport.com/manuals/TH-quick-reference-sebt-mat-v1.pdf

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www.isaansport.com
Email support 7 days per week

For current pricing and stock status, visit the website or email for a formal quotation - support@isaansport.com quoting the Product Name above.