Steel Sit and Reach Tester (Adjustable Height)



Category: Testing
Product ID: IS35
https://www.isaansport.com/testing/steel-sit-and-reach-tester-(adjustable-height).php

Steel sit and reach tester, with a more solid and weighty construction, and more compact foldable storage. It is used for the sit and reach flexibility test, and can be adjusted to exactly 30 cm high. Sit on the red mat with your legs straight and both feet flat against the front plate, then push the red slider along the ruler with both hands as far as you can reach, and read the score at the slider.

Specifications

Scale	-20 to +40 cm, marked in millimetres
Ruler Height	25 to 40 cm above the floor, can set to exactly 30 cm
Front Plate	33 cm wide, 25 cm tall
Depth	43 cm
Weight	5.5 kg
Mat	Red felt, 100 x 54 cm
Material	Steel frame with aluminium alloy ruler
In the Box	Folding tester, ruler, slider, ruler bracket, mat, screwdriver

Manuals and Set-Up

Set-up guide (English)
https://www.isaansport.com/manuals/EN-quick-setup-guide-steel-sit-and-reach-tester-v9.pdf

Set-up guide (Thai)
https://www.isaansport.com/manuals/TH-quick-setup-guide-steel-sit-and-reach-tester-v9.pdf

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